

# BACKSTREET

## C A F E

1103 South Shepherd, Houston TX, 77019 Tel: 713-521-2239 Fax: 713-520-5724

## GLUTEN FREE MENU

### *Soups & Greens*

**Gulf Coast Seafood Filé Gumbo 10**

**Green Gazpacho 7**

**Lobster Salad**, petite Canadian lobster, haricot verts, roasted eggplant, hardboiled egg, piquillo pepper, cherry tomatoes, lime juice **18**

**Spinach Salad**, warm mushrooms, goat cheese, crisp bacon, lemon vinaigrette **8**

**Bibb Lettuce Salad**, creamy basil dressing **7**

**Roasted Pear**, bleu cheese, dried fruit, nuts **9**

### *Lunch Salads (Served Monday - Friday, 11am until 3pm)*

**Jumbo Crab Salad**, avocado, tomato **22**

**Grilled Shrimp Greek Salad** – mixed lettuces, shrimp, tomato, cucumber, feta cheese, peppers, fresh oregano, Kalamata olives, red onion, lemon vinaigrette **16**

**Cobb Salad** – chicken, bacon, avocado, tomato, creamy basil dressing **16**

**Tenderloin Salad** – sliced beef, chopped salad of avocado, tomato, roasted corn, blistered peppers, black beans, green onions, cilantro lemon vinaigrette **19**

### *Traditions, Meats & Poultry*

**Coffee Crusted Tenderloin**, garlic mashed potatoes, spinach, spicy maple chipotle bourbon sauce **28**

**Crispy Pan Seared Duck**, butternut squash, spinach, mission figs **26**

**Hash of Slow Roasted Lamb Shoulder**, fingerling potatoes, piquillo peppers, blackened eggplant, zucchini, olives tart gremolata **18**

**Salt Rubbed Rib Eye**, rosemary roasted potatoes, cucumber, avocado, tomato **28**

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### *Vegetables*

*(Vegetarian menu available)*

**Antipasto di Verdure**, seasonal vegetable selection 16

**Creamy Polenta**, roasted eggplant, peppers, zucchini, tomato 15

### *Seafood*

**Grilled Salmon with eggplant**, zucchini, peppers, fingerling potatoes, olive 21

### *Sides*

Corn Pudding

Stone Ground Cheese Grits

Haricot Verts

Butternut Squash

Mashed Potatoes

Sautéed Spinach

Scalloped Celery Root & Potato

Sautéed Green Beans

### *Dessert*

**Artisan Cheese Plate** 15

**Flourless Warm Dark Chocolate Cake**, served with chocolate-raspberry sauce, candied walnuts and our house made chocolate ice cream 8

**Crème Brûlée** 8

**"The Forty Year Old" Milkshake**, Mascarpone Ice Cream, Texas Honey, Vanilla Bean, 1971 Don Abala Pedro Ximenez Sherry 13